



RossWoods
ADULT DAY SERVICES

**August
2017**



Providing safety, nursing care, personal care, and therapeutic activity programs during the day in a home-like setting.

Serving Whitfield, Murray, Gordon, Catoosa, and Walker Counties

1402 Walston Avenue, Dalton 30720 • Phone: 706-270-9628

**Visit us at
rosswoods.org**

It really is all fun and games!

Every single caregiver is challenged to find fun, exciting and meaningful activities for their loved one's days. Otherwise the days can be long and boring and non productive which does no one any good, especially the person with dementia or a disability. We all need purpose and meaning in our lives no matter what our story is.

At RossWoods we pride ourselves that each day we provide meaningful, interesting and purposeful activities. Participants leave with a feeling of satisfaction that they were appreciated, and challenged with achievable activities. Not all our activities happen in the arts n' crafts room. Throughout the entire building different types of activities are in progress usually culminating with us all together at mealtime or snack time which is always a fun activity.



Turn to Page 2 to see what happens...



SMILES!



The Hope for Future Drugs*

“Currently, there are five FDA-approved Alzheimer’s drugs that treat the symptoms of Alzheimer’s — temporarily helping memory and thinking problems — with a sixth drug available globally. But these medications do not treat the underlying causes of Alzheimer’s.


In contrast, many of the new drugs in development aim to modify the disease process itself, by impacting one or more of the many wide-ranging brain changes that Alzheimer’s causes. These changes offer potential “targets” for new drugs to stop or slow the progress of the disease. Many researchers believe successful treatment will eventually involve a “cocktail” of medications aimed at several targets, similar to current state-of-the-art treatments for many cancers and AIDS. Visit www.alz.org and sign up for their weekly e-news and stay up-to-date on the latest advances in Alzheimer’s treatments, care and research.”

*Alzheimer’s Association National Office 225 N. Michigan Ave., Fl. 17, Chicago, IL 60601

Alzheimer’s Association is a not-for-profit 501(c)(3) organization.

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24/7 Helpline: 1.800.272.3900



This summer be alert for signs of confusion or altered mental states in seniors who are out in hot weather, as it could be a sign of heat stroke. If the elderly person should collapse or

pass out, call 911 immediately. Take steps to lower body temperature...air-conditioning, offering cool fluids, or providing access to a cool bath will also help.



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Memorials, Honoraria, and Gifts

I want to support the work of RossWoods in the following way...

Your gift is tax deductible

Make checks payable to:

RossWoods, P.O. Box 307, Dalton, GA 30722-0307

RossWoods is now able to accept both donations and payments online using credit or debit cards. Please visit www.rosswoods.org for your convenience.

Name _____

Address _____

City _____ State _____ ZIP _____

In Memory of _____

In Honor of _____

Acknowledge To _____

Address _____

City _____ State _____ ZIP _____

Important Notice

2017 RossWoods Closings

Labor Day

Monday, September 4, 2017

Thanksgiving Day

Thursday, November 23, 2017

Christmas Day

Monday, December 25, 2017

Please note these dates on your calendar. -Thank you.

A special Thank You to the following:

Name	Donation
Kroger (Cleveland Highway).....	Flowers
Sue Tuggle.....	Cards
Barbara Ward.....	Magazines
Jerry and Glenda Hardin.....	Bird seed
Hilliard and Becky Jolly.....	Magazines, books, and craft supplies
Sherry Patterson.....	Nail care supplies
Susie & Jim Harrison.....	Nail polish, craft supplies
Peggy Williams.....	Personal care items
Ezma Tankersley.....	Puzzles
Ace Hardware, Varnell.....	Vegetable plants
Judy Bryson.....	Bingo prizes
Sachiko Durham.....	Clothing protectors
Anita Goddard.....	Personal supplies
Linda Vineyard.....	Craft supplies
Shirley Davenport.....	Magazines
Ann Warren.....	Fabric
Roger and Jeanie Hoty.....	Magazines
Alice Squillario.....	Greeting cards
Gloria Kirkland.....	Bingo prizes, personal care items
Nanette Yarbrough.....	Staff treats
Pat Quarles.....	Craft supplies
Hannah Hansen, Grovel Level, WMU.....	Greeting cards
Kroger (Walnut Avenue).....	Flowers
Jennifer Smith.....	Magazines

Wish List

Craft kits (seasonal)

Fleece for lap blankets

Birthday napkins

Canvases (all sizes)

5x7 picture frames

Silk sunflowers

Bingo prizes

(ex: Kleenex packets, Mardi gras beads)

There are many ways to support RossWoods. Some of you are already volunteering and know how rewarding it can be. Many of you are donating craft supplies to our art department. We are so grateful to all our supporters. But there is another way you can support us, and that is to make a donation to RossWoods. It can be a memorial, an honorarium or a simple donation which will help us maintain and improve our ability to serve our participants, our families and the community. Support us, so we can continue to help others.



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PO Box 307
1402 Walston Avenue
Dalton, GA 30720
www.rosswoods.org

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[Non-Profit 501 (c)(3) Community Operated Service]

RossWoods
ADULT DAY SERVICES

Carla Jones, RN, *Executive Director*

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Nanette Yarbrough

Upcoming Support Groups

- ♦ **RossWoods Caregiver Support Group/ Lunch and Learn** meets on the last Tuesday of every month at RossWoods from noon to 1 pm. A light lunch will be served. *All caregivers are invited.* Free respite and lunch will be provided for your loved one.
- ♦ **The RossWoods Caregivers' Time Out** is the second Tuesday of every month from 3 pm to 8 pm. This includes free respite and dinner for your loved one while you take a break. Call RossWoods, at 706-270-9628 to register your loved one.
- ♦ **Dalton Parkinson's Support Group** meets the second Tuesday of every month at RossWoods at 6 pm. For more information, please call Mae Johnson at 706-280-0324.
- ♦ **ALS/PLS Support Group** meets the last Thursday of each month in the RossWoods Conference Room at 2pm. Call Elizabeth Elguanouni at 706-463-5157 for questions about the support group.



✓ Adult Day Health Care (ADHC)

is a standard benefit available to all enrolled veterans who meet nursing home level of care. If you are a caregiver for a veteran and looking for a day program, please call RossWoods Adult Day Services at 706-270-9628.

Help us keep our records current. Please call 706-270-9628 if there has been a change in your physical or email address.